

Head Injury

Observe athlete for:

- Dizziness or headache lasting more than one hour
- Increasing drowsiness
- Loss of consciousness
- Mental disorientation or confusion
- Unusual or strange behavior
- Restlessness or irritability
- Seizure (convulsion)
- Blurred vision or loss of vision
- Repeated vomiting
- Blood or watery fluid from ears or nose
- Inability to control urination or bowel movement
- Inability to move an arm or leg

Contact Medical Personnel Immediately if You Have Questions or Concerns